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OCTOBER 2006

Helmet of Salvation Protects Mind and Soul

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Why does the Bible say that we Believers should wear Helmets of Salvation? Perhaps it's because in warfare the enemy will shoot for the head as well as the heart.



How do our heads get shot at in this 21st Century? Many ways it seems.

For example, those seeking higher education will have many challenges to their faith. Solid study of "Scripture" and having a confirming "Salvation" experience are vital before entering college. "Young Life" is one example of an excellent organization for high school students to get involved in.

In the business world as well, protection of the mind is important. The old quote is true: "GIGO – garbage in garbage out."

At the Emotionally Free® seminars, we have a time when attendees pray the "Healing of the Molested Mind Prayer." We then go forward in twos and stand in front of a large bowl of blessed water. Placing our fingers in the water we then touch one another's foreheads and pray the "Armor of God Prayer." It's a moving experience.

I Corinthians 2:16 says, "We have the mind of Christ." This means we are to integrate Jesus' words, thinking, and acting into our lives. Our purpose is to be an expression of His healing life in the world.

Strong's Concordance defines mind (nous) as meaning: "the intellect, i.e., mind (in thought, feeling, or will)." The words mind and soul are used interchangeably.

Your fantastic brain is also covered by the "helmet of salvation." Brain surgeon Dr. Howard Dueker once told me, "The physical brain is the machinery of the soul." The brain is not the soul. Yet the growing knowledge of the human brain is phenomenal.

The Greek word for salvation is *soteria*, meaning "preservation and deliverance." Our minds are treasures and we must be careful what we put into them.

In I Thessalonians 5:8 we see Paul speaking about putting on the "hope of salvation as a helmet." "But let us, who are of the day, be sober, putting on the breastplate of faith and love; and for a helmet, the hope of salvation." This goes a step farther to consider our ultimate salvation, our destiny beyond our present state. This kind of hope sustains us in battle.

We've studied the soldier's "defensive" armor given in Ephesians 6:10-18: Belt of Truth, Breastplate of Righteousness, Shoes of Peace, Shield of Faith, and Helmet of Salvation. Next we'll look at the "offensive" battle equipment.

We cannot, however, just stand there dressed for war. We have to move forward. Yes, Christ won victory for all humanity on the cross, but the enemy has had millennia to dig in to this world.

Jesus commissioned us saying, "Behold I give you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you" (Luke 10:19).

Our Lord is counting on us through prayer and action to "rout out the enemy and do the clean up job" while we look for the glorious hope of His return.

The Nicene Creed proclaims "For He will come again in glory to judge the living and the dead, and His Kingdom will have no end."

To this let us say together, "Amen."

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