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Healing Your Past May Heal Your World

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Over several decades I have learned that it's very important to get my childhood memories healed. It has been curative for me ever since I realized that God's omnipresence has been with me from my very beginning and that this fact is true for my entire life.

Whenever a hurt from my past pops up, I try to access the truth given in Psalm 139 proclaiming that my healing Lord is outside of time, is eternal, and I as a Believer indwelt with the Holy Spirit I can appropriate His healing presence in that situation.

As I meditate on His love for me, God can speak to me in the Holy of Holies in my "spirit" ("pneuma" gr.). The words are always full of love and insight, even if they may also be corrective.

Then I have the further benefit of Scripture study to feed and nurture my new creature spirit.

For others to get started, I recommend studying Psalm 139 as it is one of the greatest Psalms to teach about God's omnipresence.

Once I realized the importance of God's omnipresent Being, I found more and more Scripture to study and spiritually feed on.

For instance, "How precious also are Your thoughts to me, Oh God; how great is the sum of them!

If I should count them, they are more in number than the sand; when I awake, I am still with You!" (Psalm 139:17,18 KJV MOD).

When you see the Hebrew word *selah* in the Bible, it means stop and meditate on these words. Or "measure carefully the meaning of what has been said" (Wikipedia encyclopedia).

The Bible is filled with God's omnipresence – always-present nature – always available to help when called upon. I realize that bad things can happen in anyone's life since this world has plenty of evil in it, but that fact can never keep me from accessing God's healing love as I go back with Him to meditate on what Jesus' would want to say to me about those wounds in life.

When I claim His Lordship, and seek to know His message to me in that situation, His wise, gentle, cleansing words restore my soul ("psyche" – intellect, will, emotions).

I like to journal what I hear Him saying to my inner being and date the entry. Looking back in my journals and reviewing His guidance keeps me affirmed and looking straight ahead on the pathway He has cut out for me.

Some other Scriptures that reflect the truth of God's omnipresence are:

"... He is not far from each one of us; for in Him [God: Father, Son, and Holy Spirit] we live and move and have our being, as also some of your own poets have said..." (Acts 17:27,28 KJV MOD).

"Therefore know this day, and consider it in your heart, that the LORD Himself is God in Heaven above and on the earth beneath; there is no other" (Deuteronomy 4:39 KJV MOD).

Another wonderful healing part of the Bible is Psalm 91. I parsed the Scripture of this entire Psalm and it filled seven columns of the Edmonds Beacon.

You can find this archived on the newspaper's website and also mine at www.EmotionallyFree.org. You can print the study and use it for a personal meditation and memorization tool. You may also use it for your own Bible study or with friends.

I wish I had known this healing truth earlier in my life, but it took me until my early 30s to really grasp it. Then as I prayed with people and saw emotional healings occur, my journals flowed into a book on the subject called, "You Can be Emotionally Free." I had no idea I was writing a book that would reach nations.

The truth of this inner healing concept became part of my life's journey. It changed my history, my present and my future. God's omnipresent transforming presence can do the same for you. *Selah*...

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