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A Spiritual Antidote Exists for Swine Flu

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Does the world seem filled with more chaos and fear than usual?



Swine flu is one of our latest concerns. Science says there is a war between microbes, and animals and humans. In fact, that has been true for millennia.

When a mutation of a new configuration of an unholy three combine – human flu, bird flu and swine flu – these new microbe combinations have to find hosts to survive.

We humans have not yet built immunity against them, so one can be infected more easily. These mutations keep finding hosts and either make them sick or destroy them. They continue this process until they can find no more hosts, or until man stops them with a new vaccine.

Meanwhile we have to keep washing our hands, stay off planes or wear a surgical mask, and stay away from the person who is sneezing or has a cold. Too much refined sugar also feeds viruses. I keep my vitamin C up to 1000 mg. daily.

Spiritually, know that God will lead us in all circumstances. Scripture says, “A merry heart does good like a medicine” (Proverbs 17:22a KJV mod.).

Let us be happy and rejoice in God. Find time to read and re-

flect on Scripture daily. Use reading aids such as: Daily Bread or Forward Day by Day. Pray the Lord’s Prayer (Matthew 6:9-13) and put on the Armor of God daily (Ephesians 6:10-18). You might read my new book Heaven Tours for daily devotions. Get out in the sun when time permits.

To me, Psalm 91 is the perfect Scripture antidote to a pandemic.

It begins: “He who dwells in the secret place of the Most High (Elyon) shall abide under the shadow of the Almighty (Shaddai). I will say of the LORD (the Name, above all names), “He is my refuge and my fortress; My God (Yahweh), in Him I will trust.”

Everything else in this Psalm 91 depends on these first two verses. Here God’s name is given in four Hebrew dimensions. It is therefore emphatically clear that God’s presence is our place of protection.

Historically the most holy place was considered to be the Temple in Jerusalem that was burned by the Romans in 70 AD.

The altar of a synagogue or church is considered holy today. The reserved sacrament of Holy Communion is left in the tabernacle near the altar with a light burning. Receiving the Eucharist at the altar is considered being in a Holy place. Praying to God in your home and studying your Bible in a special place is considered Holy.

Around 1963 I lived in Van Nuys, California and one day went to Christ the King Church in Studio City to pray. I was met

by a friend there as I was seeking God for an answer about moving. As we knelt, I was looking at the huge carving of Jesus on the cross with His arms outstretched.

As the afternoon sun began to set in the west behind me, all of a sudden I was surprised to see the shadow of wings, one over each of Christ’s arms!

I said, “Norman, look at the shadow of angel’s wings!”

He began to quote, “He who dwells in the secret place of the Most High shall abide under the shadow of the Almighty.”

I was amazed and encouraged. I felt that God was letting me know He was going with me when I traveled from California to the Northwest. I will never forget those shadows of wings.

The next verse gets to more of the antidote. “Surely He shall deliver you from the snare of the hunter (“snare that entraps,” Tehillim) and from the perilous pestilence.” Now this is getting specific.

Read on, and next time we’ll look at more of Psalm 91. Take time to seek God’s presence for safety and guidance. You too are under the “shadow of the Almighty.”

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